



Timeless, higher order skills that support the development of additional skills and promote success in whatever context the future brings

Self-management

Taking responsibility for your own behaviour and wellbeing

Focusing

The ability to manage cognitive load by altering and sorting information in order to maintain a sense of focus in an age of information overload and constant change



- Sorting
- Attention
- Filtering

Social intelligence

Awareness of others' feelings, needs, and concerns in order to effectively navigate and negotiate complex social relationships and environments

Communicating

The ability to openly and honestly share information in a way that creates mutual understanding about others' thoughts, intentions and ideas



- Receiving information
- Listening
- Giving information
- Storytelling

Innovation

The ability to define and create significant positive change

Curiosity

The desire to know or learn something in order to inspire new ideas and concepts



- Observation
- Questioning
- Information sourcing
- Problem recognition

Integrity

Acting in an honest and consistent manner based on a strong sense of self and personal values



- Self awareness
- Ethics
- Self-control

Feeling

Considering impact on other people by being able to take a range of different thoughts, feelings and perspectives into account



- Empathy
- Social conscience

Creativity

The ability to imagine and think of new ways of addressing problems, answering questions or expressing meaning



- Imagination
- Idea generation
- Visualising
- Maker mentality

Adapting

The ability and interest to continue to enlarge knowledge, understanding and skills in order to remain adaptive and resilient as circumstances change



- Openness
- Critical reflection
- Adaptability
- Self-learning
- Resilience

Collaborating

The ability to work in coordination with others to convey information and tackle problems



- Relationship building
- Teamworking & collaboration
- Social perceptiveness
- Global and cross-cultural competence

Sense-making

The ability to determine the deeper meaning or significance of what is being expressed and to recognise wider themes and patterns in information



- Pattern recognition
- Holistic thinking
- Synthesis
- Opportunity recognition
- Analysis

Initiative

Readiness to get started and act on opportunities built on a foundation of self belief



- Courage
- Independent thinking
- Risk taking
- Decision making
- Self belief
- Self motivation
- Responsibility
- Enterprising

Leading

The ability to lead others by inspiring them with a clear vision and motivating them to realise this



- Inspiring others
- Influencing
- Motivating others
- Developing others
- Change catalyst

Critical thinking

The ability to evaluate and draw conclusions from information in order to solve complex problems and make decisions



- Deconstruction
- Logical thinking
- Judgement
- Computational thinking