

Why do we need to develop meta-skills?

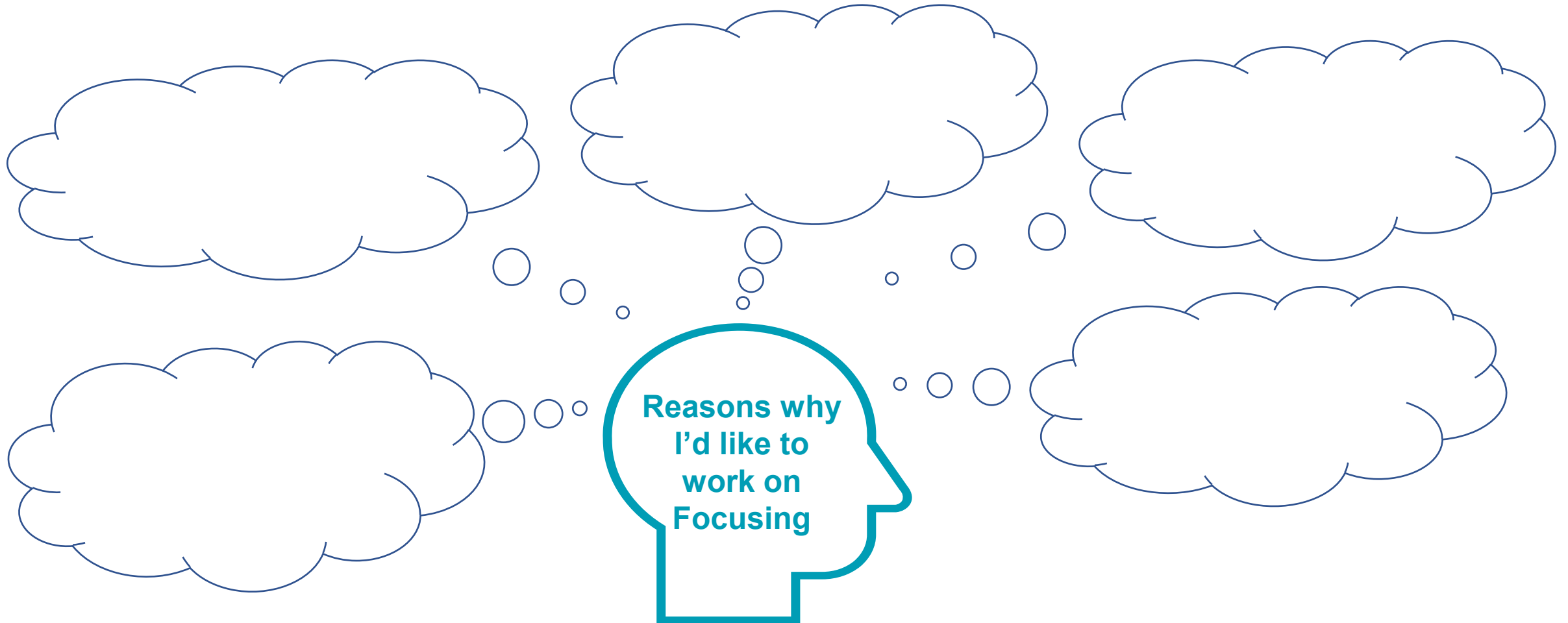


Developing meta-skills



Focusing

Being able to maintain interest and concentrate on a task for a period of time and not be distracted.



Developing meta-skills



Initiative

Being confident in your own abilities and judgment. You can take decisions and have responsibility for your own actions.



Developing meta-skills



Adapting

Responding confidently and constructively to new ideas and experiences and unexpected challenges.



Developing meta-skills



Integrity

Being guided by your own principles and values and are considered trustworthy, open and honest by others.





Collaborating

Building and maintaining relationships with other people so everyone can work together to achieve shared goals.





Leading

Having a sense of direction and purpose as well as being able to encourage and motivate others to work towards agreed tasks and goals.





Communicating

Responding confidently and constructively to new ideas and experiences and unexpected challenges.





Feeling

Seeing things from other people's point of view which leads to a better understand of other people's feelings and motivations.





Curiosity

Being curious is the desire to learn or know something in order to increase your understanding of an opportunity or problem.





Creativity

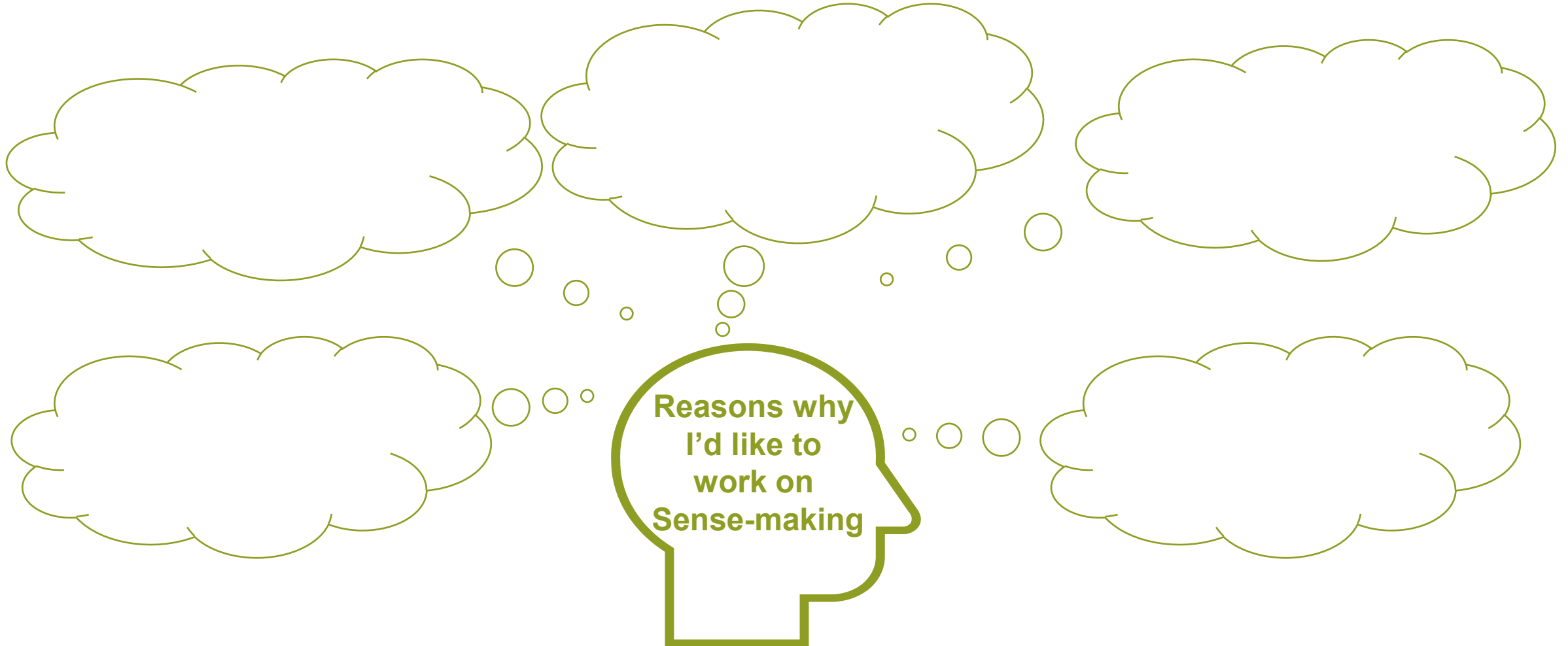
Using your imagination, you are able to think of new ways of addressing problems and this enables you to visualise solutions.





Sense-making

You can determine the deeper meaning of what is being expressed and organise information into an understandable form which is easier to use.





Critical thinking

You have the ability to process, analyse and evaluate information to solve complex problems and form an opinion after careful thought.

