



## YOUR JOURNEY, YOUR SUPPORT - MENTORING THAT WORKS FOR YOU

At MCR Pathways, we want to give every care experienced apprentice the **best opportunity to thrive**. Starting a new role can be exciting, but it can also bring challenges. That's why we're encouraging you to take part in **MCR Pathways mentoring**—a supportive programme designed to help those with experience of care build confidence, develop new skills, and achieve your goals.

You may have had an MCR Pathways mentor at school or in a previous setting and we want to ensure we can offer this support to you through our partnership with Skills Development Scotland.

## WHAT MENTORING CAN OFFER YOU





A Trusted Mentor – Someone to listen, support, and guide you as you grow in your career.



**Career Advice** – Help with setting goals, making decisions, and gaining confidence in your role.



**Personal Development** – Support with challenges inside and outside of work, so you can be your best self.

## HOW TO GET INVOLVED



- Ask about mentoring- Learn more about how it can help you.
- Take part during work hours Your employer supports your development and will give you time for sessions.



- Meet in a safe space Mentoring can take place right in your workplace, making it easy and comfortable.
- Use it your way Whether you need career advice or just someone to talk to, mentoring
  is for you.

This is your journey—let's make it a great one.

For more information, contact Jordyn Graham, Engagement Officer: engagement@mcrpathways.org

