Self-evaluation wheel

Skills Development Scotland

My World Of Work

Name: _____ Date: _____

Activity 1

- Taking each meta-skill in turn
- Plot yourself on the arrow with a dot:

    0 = not confident/areas to develop
    10 = very confident/accomplished in this area

- Think about 'why' you have placed yourself at each point
- Join up each of the dots once you have completed.

Activity 2

Looking at your completed wheel take time to reflect on the following questions:

- What do I notice?
- What meta-skills stand out as areas of strength?
- What meta-skills do I need to focus on improving?
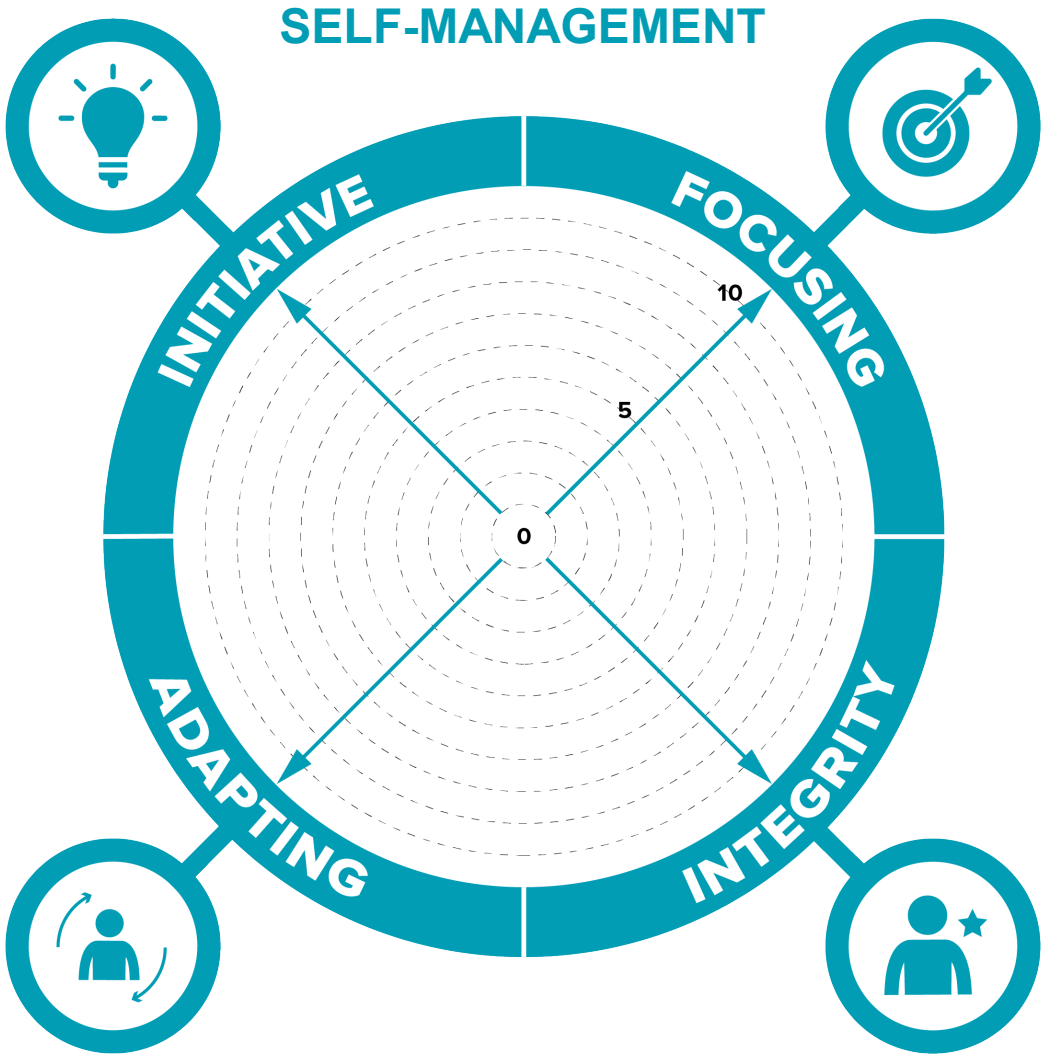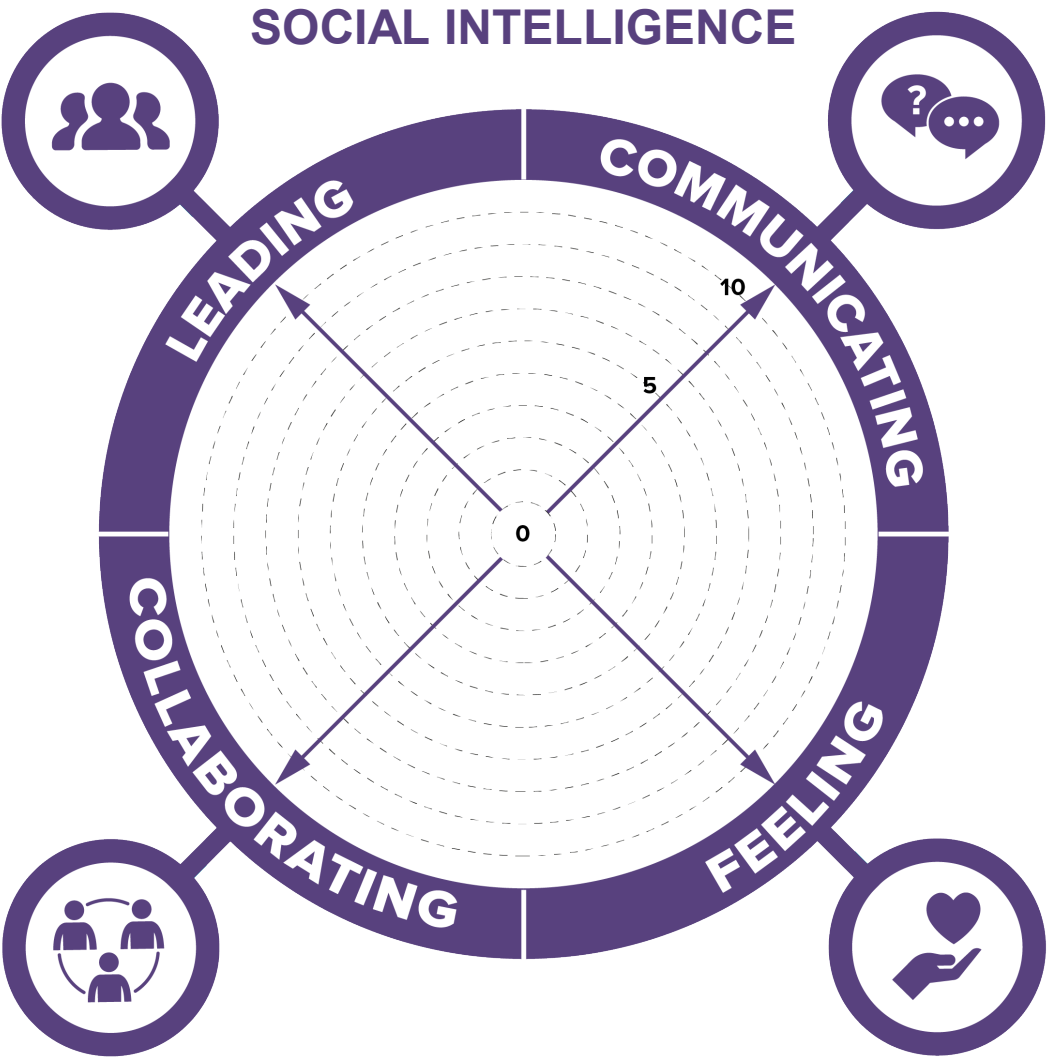- How might these areas impact on each other?

Self-evaluation wheel

- Taking each meta-skill in turn
- Plot yourself on the arrow with a dot: 0 = not confident/areas to develop
  10 = very confident/accomplished in this area
- Capture examples that evidence 'why' you have placed yourself at each point

How well do you think for yourself?

_____
_____
_____
_____
_____
_____

Can you concentrate on what's important?

_____
_____
_____
_____
_____
_____

How well do you adjust to change?

_____
_____
_____
_____
_____
_____

How well do you stay true to yourself?

_____
_____
_____
_____
_____
_____

SELF-MANAGEMENT

INITIATIVE

FOCUSING

ADAPTING

INTEGRITY

10

5

0

Self-evaluation wheel

Name: _____ Date: _____

How well do you lead by example, inspire and motivate others?

_____
_____
_____
_____
_____
_____

How well do you express yourself and share information?

_____
_____
_____
_____
_____
_____

How well do you work with other people?

_____
_____
_____
_____
_____
_____

Do you understand how others are feeling?

_____
_____
_____
_____
_____
_____

SOCIAL INTELLIGENCE

LEADING

COMMUNICATING

COLLABORATING

FEELING

10

5

0

Self-evaluation wheel

Name: _____ Date: _____

How do you think and evaluate information?

_____
_____
_____
_____
_____
_____

How good are you at asking the right questions?

_____
_____
_____
_____
_____
_____

How do you recognise patterns in things around you?

_____
_____
_____
_____
_____
_____

Can you think for yourself and think of new ways to do things?

_____
_____
_____
_____
_____
_____

INNOVATION

CRITICAL THINKING

CURIOSITY

SENSE-MAKING

CREATIVITY

10

5

0