

Evaluating meta-skills Teacher notes



Aim

Building on the previous lessons 'Introduction to meta-skills' and 'Developing meta-skills', pupils have the opportunity to further explore meta-skills and start to evaluate their own meta-skills development.

Curriculum Links (Mapping)

CFE

 HWB 3-19a - I am developing the skills and attributes which I will need for learning, life and work. I am gaining understanding of the relevance of my current learning to future opportunities. This is helping me to make informed choices about my life and learning.

Career Education Standard 3 - 18

- I can demonstrate and apply the skills I have across the curriculum in relation to the world of work.
- I can identify my interests, strengths and skills and use them to make informed choices.

Learning Intentions

Young people will:

- Understand why meta-skills are important.
- Evaluate their own meta-skills.
- Identify which meta-skills they need to develop

Success Criteria

Young people will be able to:

- Use the self-evaluation wheel in order to evaluate their own meta-skills.
- Articulate which meta-skills they want to develop.
- Make a plan to develop these meta-skills.

		Description	Resources	Time
,	l .	Introduction – Why are meta-skills Important?	Evaluating meta-skills PowerPoint	
		Using Slide 2 – 4 recap on meta-skills and why they are important. Use Slide 4 to remind the class about the 12 meta-skills.	Slides 2 - 4	10 mins



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2.	 Evaluating meta-skills. Slide 6 - Using the example of Jess lead a class discussion asking the question – which meta-skills does Jess need to work on? Slide 7 - Consider how Jess has completed her self-evaluation wheel and compare the previous answers from the class. Ask the class to reflect on the questions on slide 7: 	Slide 6 Slide 7	15 mins
	 Why do you think Jess has scored herself low on Focusing and Integrity? (Jess is distracted in class (Focusing) and also disrupting her classmates (Integrity). How can she work on these meta-skills? 		
3.	 Evaluating your meta-skills Now ask the class to think about their own meta-skills: Using the links provided go to the self-evaluation guide on the SDS meta-skills toolkit to access the self-evaluation resources. Follow the steps in the self-evaluation wheel Guide in order to help pupils to complete the worksheet. Pupils should complete the self-evaluation wheel worksheet You may wish to use the self-evaluation scales to help support pupils with their choices. 	Self-evaluation wheel quidance Self-evaluation wheel worksheet Self-evaluation wheel guide to scales	
	Follow up This process of self-evaluation should be completed on a regular basis so that pupils can see how they are developing their meta-skills and are able to set goals for themselves.		