



## Self-management

### Focusing

You can maintain interest and concentrate on a task for a period of time, and not be distracted.



### Integrity

You are guided by your own principles and Values and are considered trustworthy, open and honest by others.



### Adapting

You can respond confidently and constructively To new ideas and experiences and unexpected challenges.



### Initiative

You are confident in your own abilities and judgement. You can take decisions and have responsibility for your own actions.



## Social intelligence

### Communicating

You have the ability to openly share information in the best way that helps everyone understand your thoughts and ideas.



### Feeling

You can see things from other people's point of view and this helps you understand their feelings and motivations.



### Collaborating

You are good at building and maintaining relationships with other people so everyone can work together to achieve shared goals.



### Leading

By having a sense of direction and purpose, You can encourage and motivate others to work towards agreed tasks and goals.



## Innovation

### Curiosity

Being curious is the desire to learn or know something in order to increase your Understanding of an opportunity or problem.



### Sense-making

You can determine the deeper meaning of what is being expressed and organise information into an understandable form which is easier to use.



### Creativity

Using your imagination, you are able to think of new ways of addressing problems and this enables you to visualise solutions.



### Critical thinking

You are able to process, analyse and evaluate information to solve complex problems and form an opinion after careful thought.

