

SHETLAND

Local Council Services

Your local council delivers a wide range of services for people facing the prospect of unemployment.

Housing - Housing services, council bills, rent, council tax arrears, housing benefit.

Adult and Community Education - Classes in a wide range of subjects including help with reading, writing and numbers (includes adult guidance services and jobseeking skills).

Jobs - Your local council employs people in a vast range of occupations and services and is happy to discuss employment opportunities with you..

Libraries - Photocopying, access to newspapers and magazines for job search, computers for public use, access to Open Learning, access to the internet.

Social Work Services - Support services for families in crisis, mental health issues, addiction, dependant care, disability, etc.

Local council contact information

Shetland Islands Council

Tel: 01595 693 535

www.shetland.gov.uk

REDUNDANCY SUPPORT

SHETLAND

SKILLS DEVELOPMENT SCOTLAND CENTRE

Tel: 0800 917 8000

www.myworldofwork.co.uk

Solarhus
3 North Ness Business Park
Lerwick ZE1 0LZ
Tel: 01595 695791

Citizens Advice Bureau

Market House
14 Market Street
Lerwick ZE1 0JP
Tel: 01595 694696
Email: sicab@shetland.org

Free and confidential advice and support of a range of issues including employment, benefits, money/debt advice and energy advice.

Highlands and Islands Enterprise - Shetland Office

Solarhus
3 North Ness Business Park
Lerwick ZE1 0LZ
Tel: 01463 245245

JobCentre Plus

Charlotte House
Commercial Road
Lerwick ZE1 0LT
Tel: 0845 604 3719

Business Gateway

Solarhus, Mitchell's Rd,
Lerwick, ZE1 0LZ
Tel: 01595 707451
Email businessgateway@shetland.gov.uk

www.bgateway.com

UHI Shetland

Gremista
Lerwick ZE1 0PX
Tel: 01595 771000
Email study.shetland@uhi.ac.uk

As the most northerly partner of the University of the Highlands and Islands, UHI Shetland provide a single point of contact for tertiary education, commercial training and research in Shetland.

They offer inspirational learning, influential training, and innovative research in the heart of Shetland's community.

With a tremendous range of courses and learning opportunities on your doorstep you can discover where learning means more at UHI Shetland. Their courses are all designed to ensure that you can take your next steps, whether that is directly to employment or on to further study.

Mind Your Head

A Shetland-wide, open access, free and confidential low-level supported wellness programme, working alongside individuals over the age of 18 to improve their mental health and wellbeing. The programme offers time-limited support for up to three months on individual basis and is delivered in a variety of settings, and at intervals that meet the individual's needs.

Market House,
14 Market Street,
Lerwick ZE1 0JP
Tel: 01595 745035

www.mindyourhead.org.uk

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